The Food Access and Student Well-Being Study Results

Conducted by the University of Maryland Counseling Center Research Unit in partnership with the University of Maryland Department of Dining Services, University Health Center, and Maryland Parent and Family Association.

Since 2014, Campus Pantry has worked to alleviate food insecurity on campus, here is our impact:

**Food Security Status (%)**

- **High Food Security**: 60%
- **Marginal Food Security**: 21%
- **Low Food Security**: 13%
- **Very Low Food Security**: 7%

**UMD undergraduate and graduate students surveyed**: 4,901

**20% reported low or very low food security—lacking reliable access to sufficient quantities of safe and nutritious food.**

**Total Number of Clients***: 1,225

**Total Number of Visits**: 3,921

**Unique Visits Per Week**: 69

**Student Clients by Academic Class (Fall 2017)**

- **Freshman**: 3%
- **Sophomore**: 12%
- **Junior**: 22%
- **Senior**: 25%
- **Graduate**: 31%
- **Undergraduate (unspecified)**: 7%

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